



## Connected Community and Household Food-Based Strategy (CCH-FBS): Its importance for health, food safety, sustainability and security in diverse localities

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### Abstract:

In this article, I argue that Connected Community and Household Food-Based Strategy (CCH-FBS) could contribute to the resolution of outstanding nutritionally-related health problems. The 1995 Food-Based Dietary Guidelines (FBDGs) have been customized in regions and nations, encouraging integrated food systems and culturally-sensitive food-health relationships with economic development. Climate change and diminishing fuel and food affordability have made their role in promoting food security critical. Localities with their eco-systems, communities and households, could apply FBDGs to correct mismatches between food systems, individual health needs, and environmental integrity. Improved infrastructure should allow communities and households to be usefully connected and operate with CCH-FBSs.

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### Resource Description

#### Exposure :

weather or climate related pathway by which climate change affects health

Food/Water Security

**Food/Water Security:** Food Access/Distribution, Nutritional Quality

#### Geographic Feature:

resource focuses on specific type of geography

None or Unspecified

#### Geographic Location:

resource focuses on specific location

Global or Unspecified, Non-United States

**Non-United States:** Asia

**Asian Region/Country:** China

#### Health Co-Benefit/Co-Harm (Adaption/Mitigation):

## Climate Change and Human Health Literature Portal

specification of beneficial or harmful impacts to health resulting from efforts to reduce or cope with greenhouse gases

A focus of content

### **Health Impact:**

specification of health effect or disease related to climate change exposure

Malnutrition/Undernutrition

### **Mitigation/Adaptation:**

mitigation or adaptation strategy is a focus of resource

Adaptation

### **Population of Concern:** A focus of content

### **Population of Concern:**

populations at particular risk or vulnerability to climate change impacts

Children, Low Socioeconomic Status, Pregnant Women

### **Resource Type:**

format or standard characteristic of resource

Research Article, Review

### **Timescale:**

time period studied

Time Scale Unspecified